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# ANIMAL COMMUNICATION NEWSLETTER



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## Summer Safety for Your Animals

PETA has put out a newsletter that includes some important summer reminders that I thought I'd pass along.

Many of us love taking our dogs with us wherever we can. Summer temperatures pose several extra considerations.

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- Think about it this way...your dog is wearing a fur coat in the middle of summer! Think before you take them jogging and be aware if they seem overheated.
- Remember...they are walking on hot asphalt as you cross the road or parking lot. Would you want to walk on that sizzling asphalt barefooted? Their feet can be burned, too. Surface temperatures on concrete and black asphalt far exceed the ambient temperatures.
- Consider trimming heavy coated dogs. It is recommended that you leave hair 1 inch long to protect from sunburn and insects.
- Do not leave your dog in a parked car! Even a quick errand can turn into a long wait in a line and meanwhile your dog could die. On a 73 degree day, the temperature inside a car can reach 120 degrees within 30 minutes. On a 90 degree day, the interior of a car can reach 160 degrees in several minutes.



**\*\*If you notice a dog in a car that is panting excessively, drooling, or wobbling; take the car license and description into the store and have the person paged. (A friend of mine did that recently and the person was very grateful! It seems he had forgotten the dog was sleeping in the back seat of the car and would not have returned in time to save her.) Don't be shy, get help for the dog! Symptoms of heat exhaustion are: restlessness, excessive thirst, heavy panting, and lethargy, lack of appetite, dark tongue, rapid heartbeat, fever, vomiting, or lack of coordination. If you notice these get your dog into a cooler setting and contact your veterinarian. \*\***

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**Lost animal? Kathleen McIntyre is back!**  
She uses animal communication combined with map dowsing to help you find your animal.  
828-216-5030 [www.lostanimal.org](http://www.lostanimal.org).

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**Upcoming Events** - Go to [www.animalsmith.com](http://www.animalsmith.com) for details

1. Asheville, NC - Level 1 Animal Communication - September 22, 2007 9am-3pm

2. Asheville , NC - Level 2 Animal Communication October 20, 2007

*Join Cindy for a fun class to fine tune your communicating skills. We'll practice the skills from level one with new people and new animals. We'll learn new ways to receive information. We'll practice doing body scans to gather information on how an animal is feeling physically. Completion of level 1 class is a prerequisite.*

\* I can come to you and teach a class. Would you like to host the class? I need a minimum of 10 participants. If you gather the group and have a place to meet , you get the class for free.

\* Individual or small group intensives. These trainings are customized to you and your individual needs. Please get in touch with me to discuss possibilities.

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## **New Rates: Effective September 2007**

- Standard 45 minute consultation \$90
- After you are an established client we can do 30 minute consultations if that's all the time we need for \$60. Quick checks via email are available for \$30. Quick checks are great for 2-3 questions, surgery follow up, or notification of vacation plans.
- Home and Barn visits (Asheville area) are \$125 per hour

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***Feel free to forward this newsletter on to anyone whom you feel would enjoy it!***

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## **Did you know there are many ways to approach the consultation you have with your animal?**

Each of you has a unique way of relating to your animal in our sessions. Several themes have evolved over the years and I thought I'd share some of the different ways that animal communication can be used. You can mix and match these options or choose one focus for a conversation.



### **General Consult**

- Questions about health
- Desires and concerns
- Changes-vacation plans, moves, new family members

\* Up to 3 animals in a 45 minute consultation

### **Behavioral Consult**

- Problem solving a specific situation
- We'll get the animal's opinion of what is causing the problem as well as their input on the solution. We'll devise a behavioral plan. It's very helpful for your animal to understand what you want them to do and what their reward will be. They are often very creative in their solutions.

- I will provide feedback to the animals with in a week to reinforce the changes you are seeing at home.



## Family Negotiations Consult

In households with multiple animals it's natural to have conflicts. Typically, it's due to miscommunication.

- Assure all animals that they are loved and appreciated
- Address jealousy
- Address territorial issues
- Clarify everyone's "job"
- See what each one needs to live harmoniously



Mary in Asheville, NC

Just wanted to send you a follow-up after your conversation with Chessie, Bonita and me on July1. MANY MANY THANKS for your help!

I can't thank you enough for all your good guidance! It has really helped me to understand what is going on between Chessie and Bonita, and given me some tools to deal with any future confrontations that may develop, and also take steps to prevent them before they start.



## End of Life Consult

When that difficult time arrives, it is helpful to check in with your animal.

- Check their perception of how much pain they are experiencing
- Address their quality of life and what is essential to them Talk about their wishes for their exit ( Some prefer to handle this themselves and others welcome assistance)
- Establish a signal that will make the impending end clear to you.
- Express gratitude for having them in your life and listen deeply to what they have to say to you.



## Heart Connection Consult

The focus here is on inviting the wisdom of our animals into our awareness. They observe us day to day and often have wonderful insights on how to live happier lives.

- Learn simple ways to talk to your animal
- Join on a heart level and invite their counsel in general or around specific topics
- Address personal questions without telling me anything personal. You simply state your intention mentally to your animal (I'll coach you on this) and then ask questions that I translate to your animal. I'll translate their answer back to you, while I maintain a neutral state and don't impose my thoughts on the answers you receive from your animal.

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**Schedule an Appointment Online!**

Just go to my site - [www.animalsmith.com](http://www.animalsmith.com), and click on the "Schedule Your Appointment" link, and make your selection of a time that works for you.

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