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ANIMAL COMMUNICATION NEWSLETTER



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The Dog Days of Summer

Here comes the heat again! I'm always amazed at how quickly it becomes too warm to take my dogs with me running errands! Please be aware that the heat inside a car, even with the windows down and the car parked in the shade, can reach deadly temperatures quickly. Also, if a car is left running with the air conditioning on; it can overheat and in some cars the AC turns on the heater to pull the heat off the engine. This has been the cause of several police dogs' deaths.

Asphalt becomes very hot and can do serious harm to your animal's feet. Please be aware of where you are standing with your dog on a leash. He doesn't have the freedom to move to a safe place to stand. Imagine how you would feel standing barefoot on that surface!

Be aware of the change in temperature if you regularly exercise with your dog. Remember, they are wearing a fur coat! If you are starting a dog on a "training program" of running with you, start him out like you would a rookie runner. Start slowly and build your dog's fitness level. It is very easy for dogs to over heat and die from heat exhaustion.

This is not to discourage exercise for animals! We all need exercise. This is just a reminder that they vulnerable to the heat and can't monitor themselves if they are on a leash and keeping up with you on your jog.

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Buddy after a fun day
at summer camp!

Animal Communication Tip

Give this a try. Your animals will love it! Talk to them as if they understand everything you are saying. Describe your message in words that create pictures and watch how quickly they catch on to what you are saying.

Cindy Elrod tells her Boston Terrier, Andy, that they will be going to the school the next day to help the kids read. She tells him that he has to be subtle so that the other dogs won't be jealous. Cindy says that the next morning, the moment before she walks out the door, Andy nonchalantly strolls into the living room, past the four other dogs and

slips out the door with her.

Elvis invents goat volleyball!



Schedule an Appointment Online!

Just go to my site - www.animalsmith.com, and click on the "Schedule Your Appointment" link, and make your selection of a time that works for you.

Keeping Your Animals Safe

Please be sure that your animal always wears a collar with identification. There are collars made for cats that release with minimal pressure. This prevents your kitty from getting hooked on something. Sometimes, collars do come off or tags fall off the collar. My back up with my animals is the microchip that your vet can insert. After Katrina, most shelters and vets are equipped to read microchips and that will get your animal back to you if they are injured and taken to the vet or picked up by animal control. The chips are inexpensive (appx \$35) and your info can be changed at a national registry so they are a life long investment and offer the best backup for a lost animal. It's helpful for me, when talking to a lost animal, to tell them to "find a friendly person. You are wearing your phone number and that person will call your mom and she will come pick you up".

In one of my recent animal communication classes, a participant mentioned that she has her dog's chips scanned at their yearly check up to be assured that the chip is still active. She recently found that one was no longer in her dog and the vet replaced it for her.



It's a good idea to contain your kitties in one room on moving day. Keep the door shut during all the noise and activity that goes along with moving. Put a sign on the door that lets everyone know that the cats are in the empty room. It seems to be the most conscientious member of the moving team that can't resist checking every room for forgotten items. They open the door and kitty makes his break right at the moment you are ready to pull away from the house.

If your animal becomes lost, act quickly!

Make flyers and spread them everywhere! Walk the neighborhood and ask everyone to check garages and sheds in case your animal has been shut inside. Call and visit the shelters. Notify local vets to be on the lookout for your animal. Focus on sending calm, reassuring messages to your animal. It's not easy to send calm messages when you are panicked but your animal is most likely listening to you telepathically and it's important to send them pep talks. Tell them, "We know you are missing. We are all looking for you. Your picture is posted everywhere and if you can find a friendly person approach them so they can read your tag ." Some animals are too shy to approach people so I suggest they just make themselves visible. In many situations, that has worked because the person had flyers up and someone saw the dog and had easy access to the number. If your animal gets lost from home, I suggest you sit quietly and send warm, loving energy out around your home to draw them back into the familiar territory. Imagine that you are like a light house sending light to show the way home, sending it in all directions with the center being your heart or home.

Recently Jill's inside cat, Rumi accidentally pushed out the screen in a window he was sitting in and fell out onto his porch. At that moment the neighbor came out and frightened Rumi. Rumi ran out into the streets of Los Angeles and was quickly lost in unfamiliar territory. Jill did all the right things; flyers, friends canvassing the area, she and I talked to Rumi on a regular basis encouraging him. He was missing for a number of days. Finally, he suggested that Jill go out and walk the area like spokes on a wheel, calling his name and leading him back to home with every out and back trip. She did that and then went home, and meditated, imagining him walking in her front door, which he did with in 20 minutes!

Urine Sample Collection

This is a great idea from one of my clients (I wish I could remember who told me this!) If you need to collect a urine sample for the vet, you can do this easily using a long handled soup ladle. It's easy to stroll along behind your dog and when they begin to urinate, with out even leaning down and startling them, you slip the ladle under them and collect the urine. You can do this and move away before they even realize you are up to something. I tried this with one of my dogs and was amazed at how easy it was! Much easier than the paper cup on the end of a yardstick!

My CD on” how to talk to your animal in a language they will understand” is in the final stages of production and will soon be available on my website. Thank you to all who previewed it and took the time to give me feedback. That was very helpful! Have a fun, safe summer! Cindy

Upcoming Classes and Events - Go to www.animalsmith.com for details

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