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ANIMAL COMMUNICATION NEWSLETTER



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Animal Communication Tips

How do you talk to your animal?

Do you focus on the mistakes and fill the air with "NO!" or do you make clear requests of your animal?

Much of my work is clearing up miscommunication.

Most of the animals that I speak to just want to make their person happy. Unfortunately, we, people are often confused ourselves about what we want. Then we send mixed signals to our animals and get upset with them for not following our wishes. Bless their hearts!

Before you begin to communicate with your animal, you need to have a very clear picture of what you want them to do. As most of you have heard me say, "Focus on the behavior you WANT and not on the one you don't want". Our animals are paying attention to us and are watching the pictures we create. That's how they manage to do what we ask some of the time. So, get a clear picture yourself, before you try to get your animal to do something. I'm referring to horses, dogs, birds, any animal you are having a conversation with, it's important to focus your attention and be very clear and specific about the task.

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Feel free to forward this newsletter on to anyone whom you feel would enjoy it!



Be aware of the images you create with your words. "Don't bark!" creates a very different image than "Be quiet!". In fact, if you whisper, "Be quiet", you are giving an even clearer message. (That is if you can do that before they are barking so loudly that they can't hear you!)

Pick a behavior you want to create or alter and give some thought to the positive image of the desired behavior. Send clear signals to your animal and be vigilant and catch them doing the right thing. Praise them anytime they are showing signs of listening to you. Pretty soon, it's as if they are reading your mind at every turn. Just be aware of

what you are thinking!

I am now referring all of my lost animal calls to Kathleen McIntyre at <http://www.lostanimal.org> or 828-216-5030. You can link to her site from my site in the links section. Kathleen combines animal communication with map

dowsing to help you and your animal reunite. She specializes exclusively in lost animals and is excellent! Once you realize your animal is lost, take action quickly to increase your chances of getting them back. Please keep your dog's collar with identification on at all times!

Bringing a New Animal Into Your Home

Be sure to let the members of your animal family know that they are about to have a new member in their group. You can sit quietly and just tell them the story of this new animal. As you talk, you are creating images. Ask them to make the new one welcome. Again, show them pictures of the friendly behavior you want them to display. When they do greet the new one in a friendly manner, be sure to praise everyone involved. New animals, especially horses who are more frequently traded than dogs and cats, are often confused about why they left their other person. It's important to let them know that it wasn't something that they did wrong (unless that is the true reason). Instead, explain the reason for the change and assure them that their old person will miss them and that you will care for them and keep them safe. It's one of my greatest joys to get to tell a horse, "This is it! This is your home from now on!" The horses are so relieved!"



I encourage you to give it a try. Let your animal know you are trying to learn to communicate with them in a different way. Start with your heart connection and then move to your mind. Remember, they are not robots. They do appreciate knowing the reason you want them to act in a certain way.

You Can Now Schedule an Appointment Online!

Just go to my site - www.animalsmith.com, and click on the "Schedule Your Appointment" link, and make your selection of a time that works for you.

Upcoming Events - Go to www.animalsmith.com for details

1. Beginning Animal Communication: October 28, 2006 Asheville, NC
2. Beginning Animal Communication February 17, 2007, Orlando, FL
3. In October, I'll be visiting Lisa Dee's ranch in Dove Creek, Colorado . Lisa's ranch will be the home of wonderful events including; transformational learning facilitated by horses, animal communication classes, and retreats focusing on the sacred in nature. I plan to join her several times a year to help facilitate some of those experiences. We'll keep you posted!
4. I also plan Spring classes in Asheville The dates haven't been established yet.

We all had a great time at the Wintersun Level 2 retreat! We'll do that again!

* I can come to you and teach a class. Would you like to host the class? I need a minimum of 10 participants. If you gather the group and have a place to meet , you get the class for free.

* Individual or small group intensives. These trainings are customized to you and your individual needs. Please get in touch with me to discuss possibilities.

"Cindy's warmth creates a safe and nurturing environment to learn how to speak with animals. I have taken many workshops and I was never able to tap into my abilities the way I was able to during Cindy's workshop. Thank you Cindy for a spectacular time!" Nancy Duenkel Mt. View, CA

In the next issue....

Alternatives to standard weaning of horses. If you have a gentle method that has worked for you, please drop me a line. I'd like to offer other ways to make this process easier on horse and people. (Meg and Robyn, I'd like to include your stories, I'll get in touch with you.)



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